

# Kenningtons Primary Academy Menu - Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Tomato, Lentil & Spinach Fusilli Pasta served with Garden Peas	Mexican Chicken Wrap served Wholemeal Mexican Rice & Salsa	Savoury Mince in a Yorkshire Pudding served with Roast New Potatoes & Vegetable Medley	American Style BBQ Chicken served with Pasta Twists & Sweetcorn	MSC Fish Fingers served with Chips & Peas or Baked Beans
Option 2	Broccoli & Three Cheese Pasta Bake Served with Garden Peas	Mexican Bean Wrap served Wholemeal Mexican Rice & Salsa	Creamy Vegetable & chickpea Stew in a Yorkshire pudding served with Roast New Potatoes & Vegetable Medley	Mozzarella Cheese & Tomato Pin Wheels served with Pasta Salad & Sweetcorn	Cheese & Leek Loaded Potato Skins served with Mixed Salad & Coleslaw
Option 3	Cheese, Ham or Egg Mayonnaise Wrap served with Mixed Salad	Jacket Potato served with a Selection of Fillings	Cheese, Ham or Tuna Mayonnaise Baguette served with Mixed Salad	Jacket Potato served with a Selection of Fillings	Cheese, Ham or Tuna Mayonnaise Wrap served with Mixed Salad
Dessert	Freshly Cut Fruit or Organic Fruit Yoghurt or Fruit Flapjack	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Iced Vanilla Sponge	Freshly Cut Fruit or Organic Fruity Yoghurt or Ice Cream

W/C - 21st April, 12h May, 9th June, 31st June, 21st July, 15th September, 6th October

*Our fish is Marine Stewardship Council approved. All Desserts are Reduced Sugar where possible*

Available Daily...  
Wholemeal Bread  
Choice of Salads  
Water



This QR code can be read by any barcode scanner app on your smart phone to access the allergen and nutritional data.

**ASHLYNS**  
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# Kenningtons Primary Academy Menu - Week 2

**Option 1**

**Option 2**

**Option 3**

**Dessert**

Monday	Tuesday	Wednesday	Thursday	Friday
Flaked Salmon, Tomato & Pepper Pasta Bake served with Homemade Garlic Bread & Sweetcorn	Ashlyns Hamburger served with Seasoned Potato Wedges & Baked Beans	Chinese Chicken Drumstick served with Vegetable Chow Mien	Pepperoni & Chicken Pizza served with Wholemeal Rice Salad & Coleslaw	Homemade Pork Sausage Roll served with Chips & Peas or Baked Beans
Cheese & Tomato Pasta Bake served with Homemade Garlic Bread & Sweetcorn	Meat Free Burger served with Seasoned Potato Wedges & Baked Beans	Chinese Quorn Fillet served with Vegetable Chow Mien	Cheese & Tomato Pizza served with Wholemeal Rice Salad & Coleslaw	Homemade Quorn Sausage Roll served with Chips, Peas or Baked Beans
Cheese, Ham or Tuna Wrap served with Mixed Salad	Jacket Potato served with a Selection of Fillings	Cheese, Ham or Tuna Mayonnaise Baguette served with Mixed Salad	Jacket Potato served with a Selection of Fillings	Cheese, Ham or Egg Mayonnaise & Cress Wrap served with Mixed Salad
Freshly Cut Fruit or Organic Fruit Yoghurt Or Rock Cake	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Shortbread	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Frozen Yogurt

W/C - 28th April, 19th May, 16th June, 7th July, 1st September, 22nd September, 13th October

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Available Daily...  
Wholemeal Bread  
Choice of Salads  
Water



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# Kenningtons Primary Academy Menu - Week 3

## Option 1

Chicken Tikka Masala served with Naan Bread Finger, Basmati Rice & Sweetcorn

## Option 2

Sweet Potato & Lentil Korma served with Naan Bread Finger, Basmati Rice & Sweetcorn

## Option 3

Cheese, Ham or Tuna Mayonnaise Baguette served with Mixed Salad

## Dessert

Freshly Cut Fruit or Organic Fruit Yoghurt

Tuesday  
Lamb & Mint Sausage served with Crushed New Potatoes, Carrots & Gravy

Meat Free Sausage served with Crushed New Potatoes, Carrots & Gravy

Jacket Potato served with a Selection of Fillings

Freshly Cut Fruit or Organic Fruit Yoghurt or Oat Cookie

Wednesday  
Roast Turkey with Sage & Onion Stuffing served with Roast Potatoes, Seasonal Vegetables & Gravy

Quorn Fillet served with Roast Potatoes, Seasonal Vegetables & Gravy

Cheese, Ham or Tuna Mayonnaise Wrap served with Mixed Salad

Freshly Cut Fruit or Organic Fruit Yoghurt

Thursday  
Beef Bolognese served with Wholemeal Pasta, Homemade Garlic Bread & Mixed Salad

Roasted Vegetable & Lentil Bolognese served with Wholemeal Pasta, Homemade Garlic Bread & Mixed Salad

Jacket Potato served with a Selection of Fillings

Freshly Cut Fruit or Organic Fruit Yoghurt or Chocolate Brownie served with Chocolate Sauce

Friday  
MSC Fish Fingers served with Oven Chips, Garden Peas or Baked Beans

Courgette & Pepper Mixed Bean Slice served with Oven Chips, Garden Peas or Baked Beans

Cheese, Ham or Tuna Mayonnaise Baguette served with Mixed Salad

Freshly Cut Fruit or Organic Fruit Yoghurt or Ice Cream

W/C - 5th May, 2nd June, 23rd June, 14th July, 8th September, 29th September

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Available Daily ...  
Wholemeal Bread  
Choice of Salads  
Water



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